

Provide non-food rewards.	Rewards and incentives. Foods and beverages will not be used as a reward, or withheld as punishment for any reason, such as for performance or behavior.								
Provide Nutrition Education	<p>The SFA aims to teach, model, encourage, and support healthy eating by students. Schools will provide nutrition education and engage in nutrition promotion that:</p> <ul style="list-style-type: none"> ▪ Is designed to provide students with the knowledge and skills necessary to promote and protect their health; ▪ Include enjoyable, developmentally-appropriate, culturally-relevant, and participatory activities; ▪ Promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy products. 	X							
Provide opportunities for children to get physical activity every day.	<p>The SFA will provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education.</p> <p>All students will be provided equal opportunity to participate in physical education classes. The SFA will make appropriate accommodations to allow for equitable participation for all students and will adapt physical education classes and equipment as necessary.</p>	X						All students have the opportunity to participate in Physical activities during recess as well as Physical activities led by prep teachers. High School students have additional activities such as hiking, camping, sport clubs, etc..	
The school demonstrates a commitment to neither deny nor require physical activity as a means of punishment.	<p>Physical activity during the school day (including but not limited to recess, physical activity breaks, or physical education) will not be withheld as punishment for any reason.</p> <p>To the extent practicable, the SFA will ensure that its grounds and facilities are safe and that equipment is available to students to be active. The SFA will conduct necessary inspections and repairs.</p>	X							